

Aberdare Road,
Merthyr Tydfil,
CF48 1DR.



Christ Church



Merthyr Tydfil

Sunday 5th of May 2024
11am Communion Service
Sixth Sunday of Easter



At a glance:

Readings :

A video of Exodus 26. 16-37

Hebrews 9. 1-15

(Readings in RED may be used. Please check with who is Preaching)

Worship	David Blandford
Leading	Jonathan Richards
Preaching	Marc Walford
Reading	Judy James
Intercessions	Alison Richards
Communion helper	John Parkin
Personal Prayer	Marian Evans Eileen Williams
A.V. Desk	Steve Booth
Welcoming	Josh Griffiths
Tea & Coffee	Mary James

This week

Tuesday:

10.00am until 11.00am

Prayer group
(In the church hall)

11.00am until 12.00pm

Tea, coffee and fellowship
(In the church hall)

Wednesday:

6.00 pm Rainbows, Brownies
and Guides
(In the church hall)

Rev. Marc Ashton Walford 07432341821 **Email :** MarcWalford@cinw.org.uk

Parish Office: 01685 388805 10.00am 'til 1.00pm Monday and Tuesday

Email: 5teve.8ooth@gmail.com

Website: www.christchurchmerthytydfil.com

Please send any items, notices or info for this news sheet to Steve Booth at the above Email no later than Thursday evening for the following Sunday.

Prayer

Personal Prayer

Every Sunday morning during the service you can have prayer in one of the church transepts.

**Cadet officer Paul Sass
of the Salvation Army.**

Paul is still not very well. Please continue to pray for him.

**Albert and Ann
Howells**

Albert and Ann are on the mend and thank you for your prayers. Please continue remember them both in your prayers

Ceirion Rees

Ceirion is out of hospital and on the mend. Please continue to lift him up in prayer for a complete recovery.

**Lynne Green's
sister in law Gill**

Gill has had a lot of trouble with her eyes over the last 6 months. Please remember her in your prayers.

*We come before You today Father, as Your children, longing to hear Your voice and ask for Your healing grace to be poured out upon us. There's so much we don't understand, but we know that with one touch, one word, You can make us whole. Please forgive us our sins, cleanse us of our unrighteousness, and begin Your healing in us from the inside out. **Amen***

From expectations to joy!

'Be filled with my joy.'

John 15:11 TLB

If we allow it to, life can drain us of our joy and leave us feeling empty, dull and discontented. There are so many big stresses in life to deal with, but often we allow the small, insignificant things to irritate us to the point of stress: like getting stuck in traffic, somebody giving us a wrong look, waiting in a slow-moving queue, overcooking a meal, waiting for a phone to charge up, making an honest mistake... it's so easy to lose perspective and overreact. This is not how God wants us to live! The real problem is that we have unrealistic expectations.

If we want to experience the joy Jesus promised, let's:

(1) Accept that sometimes we can get uptight because we have a fixed idea of how life should be.

(2) Acknowledge that our expectations themselves can cause a lot of our frustration. When we keep expecting things to always be a certain way and they're not, we'll always be upset.

Rather than swimming against the tide, let's learn to flow with it. It'll help life feel that bit more enjoyable. And not only that: people will enjoy being around us more.

So *what now?* Why not give this idea a go today: do life without expectations. For example, don't expect everybody to be friendly - then when some are, you'll be delighted! Don't expect your day to be hassle-free; when trouble comes, look up and say, 'Thank you, God, for another chance to turn to you for strength and wisdom, and joy!'

As you walk through this journey called life, you will face many challenges and struggles along the way. There will be moments of joy and laughter, along with sorrow and tears. When you face these moments, the way you handle them tells you everything you need to know about yourself and your walk with the Lord



Ministry Area

Update on – What Churches do we Save?

Rev'd Marc-Ashton Walford



By now I have made my way around most of the churches in this Ministry Area, sharing with you some of the problems we face, but also the exciting opportunities those problems give us as we move forward.

As part of the process of discerning God's will for our Ministry Area, where we are looking to be reshaped into something new, sustainable, growth-enabling, life-giving, and God-forged, we will be holding our first round of workshops over the next month. This will be an opportunity for us to take time out of our busy schedules to listen, share, and imagine together. We would urge everyone in our churches to make the effort to come to one of these sessions. We will hold the same session on three occasions at different times and in different locations, to try and give everyone the best opportunity to make it. So, you only need to come to one, as the other two will be repeats of the same thing, but please do make the effort to come to one. Remember decisions are made by those who show up, and we need each of you to help us discern God's will for our churches together!

So please save the date that works best for you, and signup at the back of the church.

Saturday 25th May 9:30-12:30

(bacon baps) Location TBC



Wednesday 29th May 18:00-21:00

(cakes) Location TBC



Monday 3rd June 11:00-14:00

(soup lunch) – All Saints Dowlais





Christ Church Safeguarding Representative

Brenda Abraham – Tel.: 07769 045411

Forthcoming Safeguarding Training Opportunities

Every church member is encouraged to complete **Module A** and will have an opportunity to participate in person, locally, later this year.

Roger Morgan will be leading the training session and will let us know the exact date, time and venue when arrangements are complete.

Module B – no training dates arranged locally at the moment.

Module C _ this mandatory for church leaders and MAC members. Individual safety officers, church officers and LCC officers are encouraged to complete the module also. There will be an opportunity for this group to participate in this training later in the year. Roger Morgan the MA Safeguarding officer is currently organising a venue, dates, etc. and will inform us when exact arrangements are agreed. Roger himself will be leading this session

As I've mentioned previously, if you need to ask me about any aspect of Safeguarding, please contact me on the above number at anytime.

Brenda Abraham

*Father God, we pray that the churches in our Ministry Area may be places of welcome, security and compassion. Keep us watchful yet caring, trusting yet ready to question, that all who worship here may do so in safety and in the knowledge of your love; through Jesus Christ our Lord. **Amen***



Phone: 07427 537437

Email: info@merthycynon.foodbank.org.uk

Website: <https://merthycynon.foodbank.org.uk>

Here's a list of items that they still need.

There's a recent newsletter on the church notice board for more information.

Food

Long life Milk
Tinned fruit
Tinned tomato
Tinned meat
Tinned soup
Instant coffee
Biscuits
Cereals

Toiletries

Shampoo
Toothpaste
Toilet rolls
Deodorants
Shower gel
Bars of soap

Thanks again for your generous donations and commitment to this ministry.

Your continued support is very much appreciated.

If you wish to make a donation of food, please leave it on the table at the back of church or if you would prefer to donate money, please give it to

Mary and Gareth Hopkins.

NB.

As I'm away for 10 days there will not be a Newsletter on the 12th and 19th of May.

I will of course send you the Tuesday rota reminder as usual.

Next Week's Service Details

Worship Service 12th of May 2024

Seventh Sunday of Easter

Sunday after Ascension Day

Readings :

Ezekiel 36. 24-28

Acts 1. 15-17 and 21-26

John 17. 6-19

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Preaching	John Parkin
Reading	Dawn Davies
Intercessions	Lynne Green
Communion helper	None
Personal Prayer	Marian Evans
	Angie Parkin
A.V. Desk	Patrycja Walford
Welcoming	Albert Howells
Tea & Coffee	Brenda Abraham